

# The Sorrowful Mysteries

Agony in the garden	Scourging at the pillar	Crowning with thorns	Carrying the cross	The crucifixion
Matthew 26:36-39	John 19:1-3	Matthew 27:27-29	Mark 15:21-22	Luke 23:33-46
<p>Jesus accepted the burden placed upon him by his father. He knew that what was to come meant great pain and suffering, yet he also knew that what was to come was necessary to redeem mankind and unite us with him. Jesus was only able to accept and go through this great struggle through prayer. Whatever life throws at us, whatever difficulties we might face, let us never lose track of the power of prayer and how it unites us with God.</p>	<p>Jesus is mocked, ridiculed, laughed at, beaten and tortured. He suffers all this for speaking the truth and for standing up for what is right. Around the world today millions of people are left tortured and abused for who they are, what they believe in and for doing what is right. These people need our prayers so desperately. As we reflect on this mystery let us pray for all those around the world who are suffering.</p>	<p>Jesus took on all our troubles, he suffered for you because you really are worth everything to God. God loves you in ways you cannot begin to imagine and all of the things Jesus went through are for you. No matter where life takes you, no matter the struggles you face or the challenges you have to conquer let us pray this decade in the hope that we never lose track of God's great love for us.</p>	<p>As Jesus struggled on the path to his death he carried his cross past his mother. Imagine the anguish and pain in Mary's heart as she saw her only child so broken. Mary was there alongside Jesus as he suffered and she is alongside us praying for us as we journey through life. We all have our own crosses to carry - as we pray this decade let us thank Mary for the gift of her prayers over us.</p>	<p>Jesus gave up his life so that we might have life and live it to the fullest. Jesus' death was the ultimate sacrifice; for the sake of humanity he suffered and died. As we pray this decade let us reflect on Jesus' death for us and view it as the perfect example of God's infinite love for us.</p>